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Ballroom Dance Class Book & DVD



Synopsis

Full color book with four ballroom & Latin dances (Walts, Cha Cha Cha, Quickstep & Jive) & 52 minute DVD dance class

Book Information

Spiral-bound: 96 pages

Publisher: Hinkler (2008)

Language: English

ISBN-10: 1741825644

ISBN-13: 978-1741825640

Package Dimensions: 14.3 x 10.5 x 1.6 inches

Shipping Weight: 1.4 pounds

Average Customer Review: 3.2 out of 5 stars 3 customer reviews

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Customer Reviews

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I ordered this book and DVD set and received NO DVD. Instead, the woman sent me the dance instruction book and a novel about Christians finding Jesus titled "In His Steps". This was supposed to be a Christmas present, and I received the incomplete package only two days before Christmas, so I was unable to find another one in time. I am so angry and disappointed.

I was really surprised how easy it was to follow Anton's instruction. The book is good but the DVD is Great! It covers the Waltz, Quickstep, Cha Cha Cha, and the Jive as well as your posture and all the other things you need to know. My only critique is that you can tell he had someone else do the video at different times. Some of the dances you can easily see their bodies AND feet and other dances the person doing the video chose to close in too tight. Anton makes sure you see what you need to see. At one point he is explaining a step and looks straight at the camera and tells them to

focus on his feet. I dance a little and my husband is rather scared to dance in public... or at all for that matter. He is the type who stands with his feet planted firmly on the ground and moves his body at the knees and hips. He got a little better when we took a couple dance classes but it was too expensive for us and our progress too slow. Well, we started to watch the DVD for a few minutes, just to see what it was like, and ended up watching the whole thing. He would look over at me with excitement and say "WE can DO that!". I'm giving our copy to a friend for a pre-wedding present for them to practice for their reception and buying another for myself. If you want to learn the basics of the 4 dances Anton explains, this is the product for you!

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